

Great SCOT!

Scottish Cultural Organization of the Triangle

Look what's
going on...

June 2010

Scholarship Winners

Congratulations to our SCOT Scholarship winners! This year SCOT awarded scholarships to dancers **Linka Schleusener of Cary, NC** and **Madison Stewart from Hope Mills, NC** to attend the School of Scottish Arts in Minneapolis, NC and to drummers **Robert Monroe of Cornelius, NC** and **Melissa Fox Jones of Graham, NC** to attend the North American Academy of Piping & Drumming in Valle Crucis, NC. Both of these schools occur in July just before and after the Grandfather Mountain Highland Games.

All of our winners showed outstanding dedication to their field and presented very convincing papers. It gets harder each year to choose from the excellent field of applicants. Evaluation criteria included dedication to the applicant's Scottish art, a desire to learn, accomplishments, and a willingness to share their Scottish art with other students and the public. The teacher's recommendation was an important part of each choice. Each applicant was evaluated by every member of the SCOT Board, who submitted their top four choices. Several Board members commented on the excellent quality of the applications. Congratulations to all of our winners and to all of the other applicants.

You can support the SCOT Scholarship fund by participating in the NEW and EXCITING Silent Auction at the upcoming SCOT Family BBQ on June 5th. You may donate items and services (fabulous, fun, and funky items are all welcome—contact dbhefner@aol.com) or by bringing your checkbook with you and bidding!

Piping Competition

The Fifth Annual Cary Indoor Solo Piping Competition took place at the Resurrection Lutheran School in Cary on Saturday, March 27, 2010 with 31 pipers competing. Nine events were offered, spread over four grade levels: Grades 2, 3, 4 Sr. and 4 Jr. New this year was a Piobaireachd competition in each grade, in addition to light music. The judges were Bill Caudill and Ken McKeveny. Trophy winners for 2010 were: Grade 2 – Charly Slagle; Grade 3 – Connor Thompson; Grade 4 Senior – Debbi Fern; and Grade 4 Junior – Bridget Hebert.

Tastes of Scotland



Beef Collops and Onions or Collops-in-the-Pan

There are English stew recipes that date back to medieval times, but this was a novel idea at that time in Scotland. Perhaps it was more economical to cook a large piece of meat in the broth and then chill it to cut off pieces as needed. Not until the 18th century are there recipes that resemble what we know as stews: small pieces of meat cooked in a thickened broth. These used tender cuts of meat, lightly cooked in a small amount of pan juices to which flavorings were added. These made ideal tavern fare as they could be cooked to order. A collop is any small piece or slice of food especially meat. Beef collops with pickled walnuts is an old combination that was common tavern fare. I haven't tried it with pickled walnuts, but this is tasty without them.

2 Tablespoons oil
1 large Spanish onion
1 pound thinly cut tender beef steak
1 tablespoon liquor from pickled walnuts (optional)
Salt and pepper

Heat the oil in a pan. Add the onion and brown to a golden color. Move the onion to the side and brown the meat on both sides. If the steak is very tender, no further cooking will be needed. Otherwise, cover tightly and cook slowly until the meat is tender. Remove the meat and add the pickled walnut liquor if you have it. Add a little boiling water if the onion sauce is too thick. Serve the steak on top of the onions. Garnish with chopped pickled walnuts and parsley.

Broths to Bannocks, Cooking in Scotland 1690 to the Present Day, Catherine Brown. John Murray Publishing, London, 1990.

- Carolyn McDonald Graf



Commentary, continued from p.4

away from his harness of being a Lord and an international business man with duties to fulfill in the noisy, dusty streets of central London?

The vagabond in the poem knows what makes him happy in his day to day living and the objective which he seeks in his life is just living day to day in the manner he enjoys! Perhaps most people, have discontinuity between their life objectives and their day to day living which results in unhappiness from a chaffing harness. On the other hand, the vagabond has compatibility between his choices of objectives and day to day life.

What is your harness and is it chaffing your soul? Can each of us be as contented with how we live day by day as this vagabond? What is your partial vagabond life? What do you want as your happy path "with the sky above and the road below"?

- Dr. George S. Birrell

Ceud Mile Saille

One hundred thousand welcomes to our new members from all over the Triangle –

Geoffrey Ochman from Raleigh
DeWitt Hamilton from Hillsborough
Brandon Snyder from Cary
Steven & Kristen Turner from Durham

We are delighted you have joined SCOT and look forward to seeing you at some of our upcoming SCOT events.

We hope that all our members share their Great SCOT Newsletters with their friends and family, and encourage them to join SCOT so they can receive their own newsletters and discounted admissions to some events.

Now is the time to start thinking about elections for Board of Directors members. If any of you would like to help decide what events SCOT will host next year, we would welcome your assistance. We all benefit from a variety of ideas and certainly from additional hands to help chair events.

SCOT

215 SE Maynard Road
 Cary, NC 27511
 www.scot.us

The Scottish Cultural Organization of the Triangle (S.C.O.T.) is a non-profit organization dedicated to informing and educating the public about the history, culture, and heritage of Scotland and the Scottish people.

Board of Directors:

George Birrell
 Carolyn Graf
 D'Nise Hefner
 Craig Hill
 Patricia Johnston

Cheryl Jones
 Judith Lloyd
 Donald Ross
 John Sprague

The Vagabond By Robert Louis Stevenson

Give to me the life I love,
 Let the lave¹ go by me,
 Give the jolly heaven above
 And the byway nigh me.
 Bed in the bush with stars to see,
 Bread I dip in the river—
 There's the life for a man like me,
 There's the life for ever.

Let the blow fall soon or late,
 Let what will be o'er me;
 Give the face of earth around,
 And the road before me.
 Wealth I seek not, hope nor love,
 Nor a friend to know me;
 All I seek the heaven above
 And the road below me.

Or let autumn fall on me
 Where a field I linger,
 Silencing the bird on tree,
 Biting the blue finger:
 White as meal the frosty field—
 Warm the fireside haven—
 Not to autumn will I yield,
 Not to winter even!

Let the blow fall soon or late,
 Let what will be o'er me;
 Give the face of earth around,
 And the road before me.
 Wealth I ask not, hope nor love,
 Nor a friend to know me.
 All I ask the heaven above,
 And the road below me.

¹ rest, remainder

SCOT Calendar of Events

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|-----------|--|
| June 5 | 7 th Annual Mark Johnston SCOT Golf Classic at The Crossings at Grove Park. Contact Chuck McDougal at escrodley@nc.rr.com or 919-783-7476 |
| June 5 | SCOT Family Barbeque at the home of Chuck and Cheryl McDougal. |
| July 8-11 | SCOT Booth at the Grandfather Mountain Highland Games. |
| Aug. 29 | SCOT Annual General Meeting. Contact Cheryl Jones at jones_cheryllrae@yahoo.com or 919-851-3956. |

Cary Indoor Highland Dancing Competition Winners

March 27, 2010

Most Promising Beginner Joshua Wall

Dancer of the Day Jean Stein

Primary

Pas De Basques

- 1st Fiona Wright
2nd Ashlyn Rubach

Pas De Basques

- & High Cuts**
1st Fional Wright

Highland Fling

- 1st Fiona Wright

Beginners

Trophy: Waverly Noble

Highland Fling

- 1st Anna Patterson
2nd Waverly Noble
3rd McKenna Flint
4th Megan Murchie=Beyma
5th Erin Gillum
6th Joshua Wall

Sword Dance

- 1st McKenna Flint
2nd Joshua Wall
3rd Waverly Noble
4th Anna Patterson

Seann Triubhas

- 1st Waverly Noble
2nd Anna Patterson
3rd Megan Murchie=Beyma
4th McKenna Flint

Flora

- 1st Waverly Noble
2nd Anna Patterson
3rd Megan Murchie=Beyma

Novice

Trophy: Gillian Wright

Highland Fling

- 1st Gillian Wright
2nd Azure Davis
3rd Madison Stewart
4th Rachel Wall
5th Hayden Callahan
6th Mirren Hill

Sword Dance

- 1st Gillian Wright
2nd Azure Davis
3rd Ingrid Findlay
4th Rachel Wall
5th Hayden Callahan

Novice, Continued

Sword Dance

- 6th Madison Stewart

Seann Triubhas

- 1st Gillian Wright
2nd Ingrid Findlay
3rd Rachel Wall
4th Madison Stewart
5th Azure Davis
6th Hayden Callahan

Flora

- 1st Azure Davis
2nd Gillian Wright
3rd Ingrid Findlay
4th Hayden Callahan
5th Ellen Daniels
6th Rachel Wall

Intermediate under 12

Trophy: Katherine Mary Hughes

Highland Fling

- 1st Mary Grace Stephenson
2nd Lauren Wall
3rd Katherine Mary Hughes
4th Sally Johnson
5th Sadie Park

Sword Dance

- 1st Katherine Mary Hughes
2nd Mary Grace Stephenson
3rd Sally Johnson
4th Lauren Wall

Seann Triubhas

- 1st Katherine Mary Hughes
2nd Sally Johnson
3rd Mary Grace Stephenson
4th Lauren Wall
5th Sadie Park

Hornpipe

- 1st Sally Johnson
2nd Mary Grace Stephenson
3rd Katherine Mary Hughes

Intermediate 12 & over

Trophy: Paige Luyster

Highland Fling

- 1st Paige Luyster
2nd Linka Schleusener
3rd Kate Carley
4th Elizabeth Chatelain

Intermediate 12 & over,

Continued

Highland Fling

- 5th Julius Park

Sword Dance

- 1st Paige Luyster
2nd Kate Carley
3rd Julius Park

Seann Triubhas

- 1st Linka Schleusener
2nd Kate Carley
3rd Elizabeth Chatelain
4th Julius Park

Hornpipe

- 1st Paige Luyster
2nd Linka Schleusener
3rd Elizabeth Chatelain
4th Kate Carley
5th Julius Park

Premier under 13

Trophy: Kelsey Luyster

Highland Fling

- 1st Kelsey Luyster
2nd Erin Barker
3rd Alayna Rubach
4th Anastasia Gustafson
5th Mackenzie McDonald
6th Caliegh Santa Maria

Sword Dance

- 1st Kelsey Luyster
2nd Alayna Rubach
3rd Erin Barker
4th Anastasia Gustafson
5th Mackenzie McDonald
6th Elaine Hinkel

Seann Triubhas

- 1st Kelsey Luyster
2nd Alayna Rubach
3rd Anastasia Gustafson
4th Erin Barker
5th Elaine Hinkel
6th Jane Odom-Williford

Reel

- 1st Anastasia Gustafson
2nd Alayna Rubach
3rd Erin Barker
4th Kelsey Luyster
5th Caliegh Santa Maria
6th Elaine Hinkel

Premier 13 & under 16

Trophy: Jean Stein

Highland Fling

- 1st Jean Stein
2nd Gabrielle Rosenthal
3rd Martha Clendenin
4th Erin Park
5th Rachel Rest
6th Mary Belle Spence

Sword Dance

- 1st Jean Stein
2nd Gabrielle Rosenthal
3rd Martha Clendenin
4th Mary Belle Spence
5th Anne Dina
6th Catherine Dina

Seann Triubhas

- 1st Jean Stein
2nd Gabrielle Rosenthal
3rd Erin Park
4th Rachel Rest
5th Martha Clendenin
6th Catherine Dina

Reel

- 1st Jean Stein
2nd Martha Clendenin
3rd Gabrielle Rosenthal
4th Erin Park
5th Rachel Rest
6th Mary Belle Spence

Premier 16 & under 18

Trophy: Caitlin McLean

Highland Fling

- 1st Caitlin McLean
2nd Shannon Anfindsen
3rd Arbie Karasek
4th Hannah Clendenin
5th Shannon Dina
6th Skyler Hinkel

Sword Dance

- 1st Caitlin McLean
2nd Arbie Karasek
3rd Shannon Anfindsen
4th Hannah Clendenin
5th Shannon Dina
6th Allison Hren

Seann Triubhas

- 1st Shannon Anfindsen
2nd Caitlin McLean
2nd Arbie Karasek
4th Hannah Clendenin

Premier 16 & under 18

Continued

Seann Triubhas

- 5th Dominique Koontz
6th Shannon Dina

Reel

- 1st Caitlin McLean
2nd Arbie Karasek
3rd Shannon Anfindsen
4th Hannah Clendenin
5th Shannon Dina
6th Cecily Hein

Premier 18 & Over

Trophy: Sandra Gribbin

Highland Fling

- 1st Sandra Gribbin
2nd Megan Shipley
3rd Kathleen Hall
4th Theresa Woessner
5th Carolyn Buractaon
6th Caitin Morrow

Sword Dance

- 1st Megan Shipley
2nd Kathleen Hall
3rd Theresa Woessner
4th Carolyn Buractaon
5th Caitin Morrow

Seann Triubhas

- 1st Sandra Gribbin
2nd Megan Shipley
3rd Kathleen Hall
4th Carolyn Buractaon
5th Theresa Woessner
6th Caitin Morrow

Reel

- 1st Sandra Gribbin
2nd Megan Shipley
3rd Kathleen Hall
4th Theresa Woessner
5th Carolyn Buractaon
6th Caitin Morrow

Choreographies

Duets

- 1st A Midsummer Knight's Dream
Elaine & Skyler Hinkel

Group

- 1st Mardi Gras Mayhem
Reed School

Poem and Commentary

The Vagabond By Robert Louis Stevenson

To enjoy their life, vagabonds live day by day as they choose. Almost certainly the vagabond life differs from the life path of most people, some of whom may give to another person the questionable characterization of “vagabond” even though that may be only one facet of that person’s life.

Life can be seen as a changing array of shades of grey and few people have thought much about which shades of grey may give them happiness and then live that life. Stevenson’s poem opens beautifully and forcefully, “Give to me the life I love,” which poses to each of us the questions: what is “the life you love”? and what is your “face of earth around, And the road before [you]”? Are you willing to suffer some small negatives such as “bed in the bush with stars to see” to travel your road of happiness?

The literal aspects of the poem bring to mind the Scottish tinker, a wanderer and rural itinerant worker, living under the sun and stars as well as the rain and frosts, his wish to live his outdoor way so strong he will face sleeping in the fields white with winter frost.

Unfortunately, many people who lead a “regular” life may despise the itinerant tinker or vagabond in normal society,

both of whom are strong enough to live as they please and may harness themselves to neither regular occupation nor location. In the observer’s feelings, could there be some jealousy and admiration? Surely this determination “to do your own thing” in a character is valid also in an innovator or an entrepreneur?

An aspect of a partial vagabond may be in an image from half a century ago outside a butcher’s shop in South Street, Perth. A grubby pick up truck stops and out jumps a large man, hair unkempt, unshaven, smiling happily, wearing dirty, torn, tweedy plus fours and mucky boots as he pulls crates of dead rabbits and pheasants out of the truck and carries them into the butcher’s shop. Everything about his actions and looks beamed enjoyment and happiness. He might have been a ghillie or a farmer or a farm worker, but surprise, he was Lord F----- who had a “big hoose” out by Forgandenny. He would be a certainty on the invitation list to the Queen’s Coronation and was the chairman of an immense international distillery company headquartered in London. But there he was, smiling happily as he slung crates of dead rabbits out of a truck and carried them into a butchers shop with a cheery nod to the lassie holding the door open to speed the unloading! Could it be that dressed in an immaculate business suit in the West End of London was his heavy and dutiful harness? Having spent his early, carefree years in the fields of Perthshire with farmers and on the Highland hills among ghillies, was he treasuring his partial vagabond life

Continued on Page 2

We welcome your contributions to this quarterly newsletter! Please forward news of any achievements, births, marriages, or graduations to Amy Mooney (danceramy@aol.com) to be included. If you have an article, story, artwork, or bit of Scottish lore to share, please submit it to Jane Dunbar (thedunbars@mindspring.com).

S.C.O.T.

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