

Great SCOT!

Scottish Cultural Organization of the Triangle

Look what's
going on...

July 2015

The Garden Shed

A Story by Donald Ross

This story begins a very long time ago, in 1952. We had just moved from a top flat in a tenement building in Morningside Edinburgh, to what seemed like a hundred miles away in the country at the time;



but in reality, as the crow flies, it was probably no more than a few miles. The place was called Colinton Mains and to us this was the ultimate in luxury. We had our own front door, a little garden in front, and what seemed like a huge garden in the rear. We even had hot running water, well that was when Dad would let us turn on the water heater, which would only be for emergency use, as in desperate for a bath when you really needed one. I am not saying that Dad was tight, but he did squeak a little when he walked!!

Well when you have a garden you need to have gardening tools, and of course you need a place to put them, ...so, what does that mean?? ...you need a GARDEN SHED. We think that restrictive covenants are a nuisance now, but they were just as bad away back then. The shed could only be a certain size and had to be in a certain position etc., but my Dad must have been a bit more of a rebel than I had realized, as he decided that our shed was going to be a little bit taller, a little bit wider and a little bit longer than the covenants would allow. (WOW)

When I arrived home from school this day, there was our new shed in all its glory. I could hardly believe my eyes! It was huge and had a window in the side, a small bench and a vice, and there was room for all our tools and bikes, ...I truly was in Boy heaven. I spent many happy hours in the shed over the years fixing things (or breaking them!!)

As the years went on, and I started to notice the fair sex, my time spent in the garden shed became less and less. By the time I was fifteen I made the decision that school and Donald should part company as it was obvious to me

Scottish National Party Makes Historic Gains in 2015 UK Elections

On September 18, 2014, Scotland's voters rejected independence from the United Kingdom. The NO to independence vote was 55% while the Yes for independence was 45%. It was closer than most observers, and some polls, had predicted. This was due to the fact that England's elected officials had promised that, if Scotland stayed in the UK, that more powers would "devolve" to Scotland. Scottish voters seemed to indicate they were going to ensure those promises were kept by backing the Scottish National Party in the recent United Kingdom elections.

The strong backers of Scottish Independence, the Scottish National Party made historic gains in the 2015 U.K. elections held in May. The party multiplied its representation nine-fold in parliament from its current total of 6 Mps. The Scottish National Party won 56 of the 59 available seats. An important and additional implication is that the Liberal Democrats are no longer "the third party" as that is now the Scottish National Party, and by quite a wide margin.

Included in the winner's circle was a 20-year-old student named Mhairi Black who defeated longtime, strong incumbent Douglas Alexander, demonstrating how much Scottish citizens wanted real change.

The Scottish National Party was founded in 1934, but didn't gain its first seat in Parliament until 1967. It was not until 1999 with the advent of The Scottish Parliament that the Scottish National Party was able to acquire significant power. With the major gains made by the S.N.P. last May, Scotland is in a position to ensure that the promises made during the historic 2014 Scotland's Independence Vote will be honored.

Catherine McKinley

Tastes of Scotland



Friar's Omelette

Lady Emma Theodora Forbes is credited with recipes in several cookbooks and websites. In Theodora Fitzgibbons Scottish Cookery, her dates are given as 1867 – 1953. She was married to Sir Charles Stewart Forbes 5th Baron. Although the recipes are credited to her, they were probably prepared by Rosa Mattravers who was her cook for 21 years in Newe, Strathdon, Aberdeenshire.



Women of the many manor houses in Scotland often kept a record of their recipes. Charlotte, Lady Clark of Tillypronie, collected recipes from 1841 to 1897. She asked hostesses and cooks for their recipes and then tried them (or had her cook try them). After her death in 1897, her husband, the diplomat Sir John Forbes Clark, had the recipes published.

These family collections of recipes are a fascinating look into the Victorian era. They show the influences of changing times and travel. Lady Clark's book includes recipes from India as well as France and Italy. They also contain more traditional recipes such as Friar's Omelette from Lady Forbes. This is not what we would consider an omelette. It is in the puddings and desserts section of the cookbook and should be treated as such. The word omelette comes from the French and shows the strong ties between Scotland and that country.

6 medium cooking apples
4 oz. butter (1 stick)
2 oz. sugar (1/3 cup)
Squeeze of lemon juice

2 eggs well beaten
½ oz. butter (2 Tbs.)
4 oz. breadcrumbs (1 cup)
1 oz. sugar (2 Tbs.)

Peel, core, and slice the apples, then put into a sauce pan with about ½ pint of water and cook until soft as for apple sauce. Take from the heat and add the butter (1 stick), sugar, and lemon juice and mix well. When cold, add the beaten eggs.

Take a deep dish and butter it well (with 2 Tbs butter), then strew it thickly with the bread crumbs so that they stick to the bottom and the sides, but reserve enough for the top. Put the apple and egg mixture into the dish and cover the top thickly (with bread crumbs). Bake in a moderate oven, 350° for about one half hour. Serve warm or cold, but turn out onto a flat dish, and cover with sugar before dishing it up.

Variations: Other fruits may be used in place of the apples. The apples may be cooked less, put in the dish, and covered with the eggs where they will finish cooking. You might try using 1 ½ cups applesauce in place of the cooked apples also. This pudding is especially good warm with ice cream.

Note: In the main part of the book the spelling is Frair's but in the index, it is listed as Friar's. Other references to this dish spelled it Friar's. I found no explanation for the name so there is no clue to the correct spelling.



President's Corner

Dear Members,

By the time this newsletter is in your hands we will be into July; it is hard to believe how fast the year is going. The SCOT booth will once more be at The Grandfather Mountain Highland games. Sincere thanks to Carolyn and Doug Graf, along with the willing helpers they are able to recruit. This booth always helps to keep SCOT in the minds of many who come by and see what we are all about. Even if we do not get many new members from the games each year this representation helps so much. My Personal Thanks to Everyone Helping Out!

Our May Tea was once more very successful, with sincere thanks to Emily Sprague and all the volunteers who worked at this event, and also to those who prepared some delicious goodies but were unable to attend that day. Great Job!

The Mark Johnston Memorial Golf Tournament was another wonderful day for all who participated, thanks to Chuck McDougal for once more organizing this event and placing the order for such good weather it could not have been much better, I hate to think about all the balls I lost that day, but I did have fun in the process!

In past years we had our Family barbecue right after the Golf which made it a long day for those players who are getting a bit old for all this traveling in one day, so this year we decided to do things a little different, and thanks to Diane Hill we are having a fun day on June 20th which at the time of me sending this to our newsletter editor has not yet taken place, but I feel sure everyone will have a great day.

Our AGM is right around the corner, so watch out for your registration in the mail, this will be a fun evening as we are planning on holding our Bonnie Knees competition that evening, due to the inclement weather at Cary Spring Daze we had to cancel this event, so get on your kilts lads and let's have some fun!!

Ceud mile failte – One hundred thousand welcomes to our new members:

Sam & Carol Lynn McKnight, and Jane K Stuart. I look forward to meeting you at one of our events soon.

As always let us know what we can do to make SCOT all that you would want it to be.

God Bless and enjoy each and every Day

Donald Ross

Golf Tournament



Pictures from the 12th Annual Mark Johnston SCOT Classic golf event held on June 6, 2015 at The Crossings at Grove Park.



Winners:
Nigel Little & Alan McDougal

The Garden Shed

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at least, that the effort required to make it all the way to University was not in my future.

With this decision made, my Dad helped get me into an Engineering factory which made paper making machines; this was quite an experience for this little Lad, ...almost like being thrown among the wolves!! This was an amazing place where there was no such thing as early retirement. We had a couple of hammermen in the blacksmith shop; one of them was 82 and the other 83. There were many men well into their 70's but all seemed to be doing a good productive days work. There of course were a lot of younger folks as well, and one particular person that I met was Gordon Cain. He was probably the most vibrant person I have ever known. Gordon was an athlete and had been the long jump champion of Scotland. When Gordon walked it looked as if he was gliding across the floor; he had such a spring in his step it was just amazing to watch.

When I was working with Gordon I always learned a lot as he was a good teacher to those who wanted to learn. But beware if you crossed him, "oh boy" he would let you know how he felt in no uncertain terms.

Gordon was married and had three young sons Gordon, Michael and Nigel. Well of course, with three young children at home, he was always making little things on the side; and as we became friends, I would be there helping or at least watching for the Foreman coming. A couple of years later Gordon decided that he could not make enough money working in the factory, so he decided to go out and work for himself. This was very disappointing to me and probably helped prompt me to leave also. By this time I had become very interested in cars and I was able to transfer my apprenticeship over to auto repair (with a bit of effort!!) and so I also left the factory.

To be continued, keep this copy if you wish to follow the story.

SCOT

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The Scottish Cultural Organization of the Triangle (S.C.O.T.) is a non-profit organization dedicated to informing and educating the public about the history, culture, and heritage of Scotland and the Scottish people.

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We welcome your contributions to this quarterly newsletter! Please forward news of any achievements, births, marriages, or graduations to Amy Mooney (danceramy@aol.com) to be included. If you have an article, story, artwork, or bit of Scottish lore to share, please submit it to the Editor (SCOT.triangle.news@gmail.com).

S.C.O.T.

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